



The day of 15th August 1947 has been embossed in the golden history of India. It is the day when India got its freedom from 200 years of British rule. It was a hard and long struggle in which many freedom fighters and great men sacrificed their lives for our beloved motherland.

“AZADI KA AMRIT MAHOTSAV” is a series of events being organized by Indian Government to celebrate and remember 75 years of Independence and the glorious history of its people, unique, diversity of language and cultures.

This Mahotsav is dedicated to people of India who have not only been instrumental in bringing India thus far its evolutionary journey but also hold within them the power and potential to enable vision of activating India 2.0, fueled by the spirit of “Aatmanirbhar Bharat”.

The official journey of AKAM commenced on 12th March 2021 which started a 75-week countdown to our 75th Anniversary of Independence.

During Mahotsav, all Departments and Ministries are hosting a set of activities celebrating a resurgent Aatmanirbhar Bharat.

These events are envisioned to build community connect, increase social interaction, and discover India’s rich culture.

Government of India has authorized with great privilege to conduct many projects, schemes and events under the bed of AYUSH Ministry some events hosted are,

- Webinar on AYUSH interventions in COVID Management.
- Culture of medicinal plants covering 75,000 hectares of land.
- Launch of Y -BREAK APP – 5 minutes yoga protocol demonstration video.
- Distribution of AYUSH prophylactic medicines with special focus on 60+ age group and guidelines on diet and lifestyle.
- Distribution of medicinal plants saplings (AYUSH AAPKE DWAR)
- Launch of series of lectures on AYUSH system for higher secondary school students, colleges and universities and distribution of IEC material.
- Webinar on utility of Y – Break app.

In this regard Atreya Ayurvedic Medical College, Hospital and Research Centre took a brisk step in organizing more than 108 events like health awareness camps, medicinal plant awareness camps, yoga awareness camps, polio camps, Swarna Bindu Prashana , free geriatric health screening and treatment camps in and around Doddaballapur taluk.



SI No	DATE	Place of camp	No. of Patients	Common Diseases	Consultant
01	8/9/2021	Doddaballapura		Free Samplings Distribution to GFGC	Dr. Shantaram K S, Dr. Narayan
02	9/9/2021	Kodigehalli	197	Musculoskeletal, Skin, GIT disorders, Diabetes, General Weakness	Dr. Anuradha B. Nagesh Rao, Dr. Sharanya
03	13/09/2021	Doddaballapur	64	Stress Management and Capacity Building to address Medical Challenges, Personal and menstrual Hygiene	Dr. Satish Rao, Dr. Gayathri
04	19/09/2021	Tubgere	85	Musculoskeletal, Skin, GIT disorders, Post Covid Complications	Dr. Krishna, Dr. Shubha MV
05	28/9/2021	Doddaballapur		Free Samplings Distribution to Shri M Vishweshwaraiah School	Dr. Dhanya, Dr. Archana
06	30/09/2021	Sultanpet	42	Musculoskeletal, Skin, GIT disorders, Post Covid Complications	Dr. Champavathi, Dr. Kalarathna
07	13/10/2021	Doddaballapur		Free Samplings Distribution to Jawahar Navodaya Vidyalaya	Dr. Rashmi PR, Dr. Shivaleela
08	25/10/2021	Tubgere	54	Musculoskeletal, Skin, GIT disorders, Post Covid Complications, Geriatric Disorders	Dr. Madhumita, Dr. Rashmi Yadav
09	28/10/2021	Doddaballapur		Tree Plantation Programme	Dr. Shruti K, Dr. 10Shreelakshmi



10	29/10/2021	Doddaballapur	44	Yoga Awareness Programme and Consultation	Dr.Sanjay Sharma, Dr. Ashwini M
11	8/11/2021	Doddaballapur	58	Musculoskeletal, Skin, GIT disorders, Diabetes, General Weakness	Dr. Rajeshwari, Dr. Varshini
12	8/11/2021	Doddaballapur	60	Musculoskeletal, Skin, GIT disorders, Diabetes, General Weakness	Dr. Satish Rao, Dr. Sujeet
13	10/11/2021	Doddaballapur	36	Women Awareness Programme and Consultation	Dr. Madhumita, Dr. Adithya
14	11/11/2021	Aralumallige	40	Musculoskeletal, Skin, GIT disorders, Psychological Disorders Anaemia	Dr. Ajay Mr, Dr. Shibkumar
15	11/11/2021	Doddaballapur	46	Yoga Awareness Programme and Consultation	Dr. Vibha, Dr. Gayathri
16	12/11/2021	Kodigehalli	64	Importance of eye donation and tobacco prevention programme and screening	Dr. Navyashree KI, Dr. Archana Hegde
17	12/11/2021	Kodigehalli	74	Blood Donation Camp and screening of Anaemia	Dr. Sanjay Sharma, Dr. Shivleela
18	15/11/2021	Kodigehalli	45	Musculoskeletal, Skin, GIT disorders, Diabetes, General Weakness	Dr. Ajay Mr, Dr. Shibkumar
19	18/11/2021	Hadonalli	60	Musculoskeletal, Skin, GIT disorders, OBG cases of Amenorrhoea, Anaemia, Infertility Cases, Hypertension, RA	Dr. Rajeshwari, Dr. Varshini
20	20/11/2021	Kodigehalli	62	ENT Disorders	Dr. Champavathi, Dr. Kalarathna
21	23/11/2021	Kodigehalli	44	Musculoskeletal, Skin, GIT disorders, OBG cases of	Dr. Rashmi PR, Dr. Shivaleela



				Amenorrhoea, Anaemia, Infertility Cases, Hypertension, RA	
22	4/12/2021	Kodigehalli	50	ENT Disorders	Dr. Krishna, Dr. Shubha MV
23	17/12/2021	doddabalapur		Awareness of Importance Of First Aid	Dr. Shruti K, Dr. Shreelakshmi
24	17/12/2021	Doddaballapura	42	Awareness of Medicinal Plants and screening	Dr. Vibha, Dr. Divya
25	17/12/2021	Doddaballapura	53	Awareness of Contagious Diseases and Consultation	Dr. Ajay Mr, Dr. Shibkumar
26	24/12/2021	Nandi	32	Musculoskeletal, Skin, GIT disorders, Geriatric Disorders	Dr. Rashmi PR, Dr. Shivaleela
27	28/12/2021	Doddaballapura	42	Yoga Awareness Programme and Consultation	Dr. Anuradha B. Nagesh Rao, Dr. Sharanya
28	14/01/2022 & 15/01/2022	Atreya Ayurveda Hospital	25	Surya Namaskara Program	Dr.Sujit Reddy
29	20/01/2022	UPHC Doddaballapura, Marenahalli,		Covid management programs-Home isolation, RTPCR, Vaccination, Medicine distribution	Dr.Adithya
30	21/01/2022	Hulikunte, Konenahalli, Konagatta	60	Covid management programs-Home isolation, RTPCR, Vaccination, Medicine distribution	Dr.Adithya
31	22/01/2022	UPHC Doddaballapura, Marenahalli, Doddatumkuru, Kanasvadi	45	Covid management programs-Home isolation, RTPCR, Vaccination, Medicine distribution	Dr.Adithya
32	23/01/2022	Hulikunte, Konenahalli, Konagatta	55	Covid management programs-Home isolation, RTPCR, Vaccination, Medicine distribution	Dr.Adithya
33	24/01/2022	UPHC Doddaballapura, Marenahalli, Doddatumkuru, Kanasvadi	48	Covid management programs-Home isolation, RTPCR, Va	Dr.Adithya



				ccination, Medicine distribution	
34	25/01/2022	UPHC Doddaballapura, Marenahalli, Doddatumkuru, Kanasvadi	50	Covid management programs-Home isolatin, RTPCR, Vaccination, Medicine distribution	Dr. Adithya
35	26/01/2022	UPHC Doddaballapura, Marenahalli, Doddatumkuru, Kanasvadi	60	Covid management programs-Home isolatin, RTPCR, Vaccination, Medicine distribution	Dr. Adithya
36	08/02/2022	Doddaballapura	31	Free medical camp Musculoskeletal, GIT disorders, respiratory, CVD	Dr. Sunitha Dr. Divya Dr. Rajeshwari Dr. Ambily Dr. Radhika Verma Dr. Renija Dr. Bindu
37	08/02/2022	Doddaballapura	03	Free medical camp Musculoskeletal, GIT disorders, respiratory, CVD	Dr. Lad saheb Dr. Aditya Dr. Narayan Dr. Rajeshwari Dr. Ambily Dr. Sharanya
38	10/02/2022	Konnaghatta	12	RA, OA, Diabetes, HTN, skin disorders	Dr. Asha
39	10/02/2022	Doddaballapura	35	RA, OA, Diabetes, HTN, skin disorders	Dr. Suitha
40	11/02/2022	Doddaballapura	10	Free medical camp	Dr. Renija
51	14/02/2022	Bashettihalli	24	Musculoskeletal, GIT disorders, respiratory, CVD	Dr. Gayathri
42	14/02/2022	Bashettihalli	24	Musculoskeletal, GIT disorders, respiratory, CVD	Dr. Shoaib
43	16/02/2022	Doddaballapura	02	Free medical camp	Dr. Rajeshwari Dr. Amily Dr. Sharaya
44	22/02/2022	Bashettihalli	22	General Disorders	Dr. Adithya
45	23/02/2022	Doddaballapura	107	Free medical camp on BMDT	Dr. Sunitha Dr. Divya Dr. Ambily Dr. Radhika Verma Dr. Sharanya Dr. Bindu Dr. Sushma Dr. Lad saheb Dr. Aditya Dr. Gayathri



46	27/02/2022	Doddaballapura		Polio Camp	
47	04/03/2022	Doddaballapura		Awareness Dhatu Samayta	Dr.Sunitha
48	08/03/2022	Doddaballapura	94	Free medical camp Musculoskeletal,G IT disorders,respirat ory,CVD	Dr.Sunitha Dr.Divya Dr.Ambily Dr.Radhika Verma Dr.Sharanya Dr.Bindu Dr.Rajeswari Dr.Gayathri Dr Renija
49	14/03/2022	Doddaballapura	7	Swarna bindu prashana	Dr Renija
50	08/03/2022	Kantankunte	50	Free medical camp Musculoskeletal,G IT disorders,respirat ory,CVD	Dr.Sunitha
51	22/03/2022	Hadripura	43	RA,OA,Diabetes,H TN,skin disoders	Dr Asha bhatt
52	25/03/2022	Doddaballapura	50	Awareness of Importance of first aid	Dr Narayan
53	27/03/2022	Doddaballapura	45	Awareness of Importance of first aid	Dr Narayan
54	30/03/2022	Aditya public school		Stress management	Dr Sunitha
55	09/04/2022	Bangalore rural	55	Red cross training programme	Dr Sujith Dr Anju
56	10/04/2022	Doddaballapura	30	Swarna bindu prashana	Dr Renija
57	12/04/2022	Sulthanpet	49	Geriatric camp	Dr Adithya
58	12/04/2022	Aralunallige	26	RA,OA,Diabetes,H TN,skin disoders	Dr Sunitha
59	12/04/2022	Chikballapur	35	RA,OA,Diabetes,H TN,skin disoders	Dr Adithya
60	16/04/2022	Hadonahalli	105	Musculoskeletal,G IT disorders,respirat ory,CVD Skin disease	Dr Adithya
61	16/04/2022	Doddaballapura	32	Musculoskeletal,G IT disorders,respirat ory,CVD Skin disease	Dr Adithya
62	21/04/2022	Aralunallige	72	Musculoskeletal,G IT disorders,respirat ory,CVD Skin disease	Dr Adithya



63	21/04/2022	Aralunallige	33	Musculoskeletal,G IT disorders,respirat ory,CVD Skin disease	Dr Adithya
64	25/04/2022	Doddaballapura	152	Musculoskeletal,G IT disorders,respirat ory,CVD Skin disease	Dr Shoaib ahmed Dr Narayan
65	25/04/2022	Doddaballapura	17	Musculoskeletal,G IT disorders,respirat ory,CVD Skin disease	Dr Shoaib ahmed Dr Narayan
66	25/04/2022	Doddaballapura	55	Yoga awareness camp	Dr Shoaib Dr Archana
67	26/04/2022	Rojipur	45	Musculoskeletal,G IT disorders,respirat ory,CVD Skin disease	Dr Shoaib ahmed Dr Narayan
68	28/04/2022	Nelmangala	50	Awareness of Importance of first aid	Dr Sharanya
69	30/04/2022	Doddaballapura	36	Musculoskeletal,G IT disorders,respirat ory,CVD Skin disease	Dr Sunnitha
70	12/07/2022	Sulthanpet	55	Musculoskeletal,G IT disorders,respirat ory,CVD Skin disease	Dr Adithya
71	16/07/2022	Joganahalli	60	Musculoskeletal,G IT disorders,respirat ory,CVD Skin disease	Dr Adithya
72	18/07/2022	Tubgere	38	Musculoskeletal,G IT disorders,respirat ory,CVD Skin disease	Dr Adithya
73	19/07/2022	Sulthanpet	56	Musculoskeletal,G IT disorders,respirat ory,CVD Skin disease	Dr Adithya
75	27/07/2022	Doddaballapura	50	Yoga awareness camp	Dr Archana
76	27/07/2022	Palonjogehalli	50	General medical camp	Dr Ajay rao



77	31/07/2022	Bashatahalli	38	General medical camp	Dr Gayathri
78	01/08/2022	Doddaballapura	60	Musculoskeletal,G IT disorders,respirat ory,CVD Skin disease	Dr Anuradha
80	03/08/2022	Hosahalli	50	First aid awareness	Dr Narayan
81	03/08/2022	Hosahalli	55	Musculoskeletal,G IT disorders,respirat ory,CVD Skin disease	Dr Satish rao
82	03/08/2022	Majarahosahalli		Yoga awareness camp	Dr Anagaha
83	04/08/2022	Aralumallige	50	First aid awareness	Dr Narayan
84	04/08/2022	Aralumallige	72	Awareness of contagious disease	Dr Soumya
85	04/08/2022	Aralumallige	45	Musculoskeletal,G IT disorders,respirat ory,CVD Skin disease	Dr Ambiliy
86	05/08/2022	kantankunte	50	Stress management camp	Dr Narayan
88	06/08/2022	Heggadehalli	30	General hygiene awareness programme	Dr Krishna
89	06/08/2022	Melekote	60	Musculoskeletal,G IT disorders,respirat ory,CVD Skin disease	Dr Sunitha
90	08/08/2022	Dodaballapura	30	General hygiene awareness programme	Dr Champavati
91	08/08/2022	Hosahalli	50	Plant awareness programme	Dr Kavana
92	08/08/2022	Dodaballapura	60	Medicinal Plant awareness programme	Dr Gayathri
93	08/08/2022	Dodaballapura	60	Musculoskeletal,G IT disorders,respirat ory,CVD Skin disease	Dr Sathish rao
94	08/08/2022	SS gati	60	Yoga awareness programme	Dr Navya shree
95	10/08/2022	Aralumallige	50	Medicinal Plant awareness programme	Dr Kavana



96	10/08/2022	Dodaballapura	42	Free anorectal in house camp	Dr Lad sahib Dr Narayan
97	10/08/2022	Dodaballapura	44	Free diabetic screening and Treatment in house camp	Dr Sunitha Dr Mahalakshmi
98	10/08/2022	Aralumallige		Yoga awareness camp	Dr Anagha
99	11/08/2022	Kantankunte		Yoga awareness camp	Dr Archana
100	11/08/2022	kantankunte	60	Medicinal Plant awareness programme	Dr Kavana
101	12/08/2022	Dodaballapura		Har gar tiranga abhiyan	
102	12/08/2022	Dodaballapura		Partition horrors remembrance day	
103	13/08/2022	Dodaballapura		Har gar tiranga abhiyan	
104	13/08/2022	Dodaballapura	15	Partition horrors remembrance day	
105	13/08/2022	Dodaballapura	25	Importance of organ donation	Dr Adithya Dr Shoaib Dr Lavanya
106	13/08/2022	Dodaballapura	10	Scope & vision for Ayurveda in independent india	Dr Aditya Acharya Dr Soumya Dr Sunitha
107	14/08/2022	Dodaballapura	30	Musculoskeletal, GIT disorders, respiratory, CVD Skin disease	Dr Shoaib
108	15/08/2022	Dodaballapura		Azadi ka amrit mahotsav	



OUT HOUSE CAMP REPORT JAN-2022 TO DEC-2022

SL NO	DATE	CAMP PLACE	MALE Pt	FEMALE Pt	CHILDREN Pt	TOTAL NO OF PT	PROCEDURE ADVISED
1	8/02/22	Doddaballapur (Shantinagar)	28	32	-	60	Katibasti-8 Janubasti-5 Virechana-3 Nasya-5 SA+PPS-5 Jaloukavcharana-5
2	10/02/22	Konnagatta	28	42		70	SA+PPS-4 Katibasti-2 Janubasti-12 Virechana-6 Nasya-2 SA+PPs-5 Sadho vamaana-2 Basti-1 Seka-8 Akshitarpana-12
3	10/02/22	Doddaballapur (Terina bidhi)	20	22	9	51	Janu basti + SA-10 Sadyo vamaana-5 Virechana-6 SA+PPs-5 Sadho vamaana-2 Tarpana-6 Nasya-8
4	11/02/22	Doddaballapur (Railway station)	50	25	6	81	Katibasti-3 Janubasti-3 Nasya-6 SA+PPS-15 SSPS-15 Jaloukavcharana-8 Greeva basti-9
5	14/02/22	Bashettihalli	25	23	3	51	Katibasti-10 Janubasti-12 Virechana-6 Nasya-2 SA+PPs-5 Sadho vamaana-2 Basti-1
6	16/02/22	Doddaballapur (GK Valley layout)	28	32	2	62	Yoga basti-5 Greeva basti -5 Janubasti-5 Virechana-5 Nasya-2 Seka-8 Katibasti-15 SA+PPS-12
	22/02/22	Bashettihalli	15	30	8	53	Katibasti-5



7							Janubasti-4 Virechana-2 Nasya-1 SA+PPS-8 Akshitarpana-12 Vamana-6
8	23/02/22	Doddaballapur (Rajkumar bhavana)	80	25	2	107	Katibasti-10 Janubasti-15 Virechana-8 Nasya-10 SA+PPS-20 Sadho vamaana-5 Basti-15 Jaloukavcharana-8
9	8/03/22	Doddaballapur (Rangappa circle)	60	28	6	94	Katibasti-15 Janubasti-10 Virechana-12 Nasya-14 SA+PPS-15 Sadho vamaana-2 Basti-2 Jaloukavcharana-5
10	8/03/22	Kantankunte	30	20		50	Yoga basti-5 Greeva basti -5 Katibasti-12 Janubasti-5 Virechana-1
11	22/03/22	Hadripura	25	18		43	Katibasti-5 Janubasti-8 Virechana-5 Nasya-5
12	12/04/22	Aralumallige	21	36		57	Katibasti-10 Janubasti-8 Seka-8 Akshitarpana-12 SA+PPS-12
13	12/04/22	Chikkaballpura	40	25		65	Yoga basti-5 Greeva basti -5 Janubasti-5 Virechana-5 Nasya-2 Seka-8 Katibasti-15 SA+PPS-12
14	16/04/22	Hadonahalli	80	20	5	105	Katibasti-15 Janubasti-10 Virechana-12 Nasya-14 SA+PPS-15 Sadho vamaana-2 Basti-2



							Jaloukavcharana-5 Yoga basti-5 Greeva basti -5
15	16/04/22	Doddaballapur (Taluk office)	33	28		61	Katibasti-5 Janubasti-8 Virechana-2 Nasya-3 Yoga basti-5 Greeva basti -5 Vamana-8 Seka-9
16	21/04/22	Aralumallige	45	25	2	72	Katibasti-10 Janubasti-15 Virechana-3 Nasya-5 SA+PPs-15 Sadho vamaana-2
17	25/04/22	Doddaballapur (Dairy circle)	80	60	12	152	Katibasti-20 Janubasti-30 Virechana-15 Nasya-14 SA+PPs-30 Sadho vamaana-2 Basti-2 Jaloukavcharana-5 Yoga basti-5 Greeva basti -5
18	26/04/22	Rojipura	20	25		45	SA+PPs-10 Sadho vamaana-2 Basti-2 Jaloukavcharana-5 Yoga basti-5 Greeva basti -5
19	30/4/22	Doddaballapur (T B circle)	38	26	3	67	Katibasti-10 Janubasti-12 Virechana-3 Nasya-1 SA+PPS-15 Vamana-5 Akshitarpana-8
20	12/07/22	Sultanpet	30	20	5	55	Katibasti-10 Janubasti-8 Virechana-6 Nasya-10 SA+PPs-15 Sadho vamaana-1 Basti-1
21	16/07/22	Joganhalli	35	25		60	Akshitarpana-8 SSPS +JB+SA-7 Nasya+SA+PPS-8 Virechana-6



							SA+PPs-15
22	18/07/22	Tubgere	20	30	8	58	Katibasti-5 Janubasti-8 Virechana-2 Nasya+SA+PPs-8 SA-8 Yoga basti-8
23	19/07/22	Sultanpet	35	15	6	56	Katibasti-8 Janubasti-5 Virechana-3 Nasya-6 SSPS +JB+SA-7 Greeva basti -5
24	27/07/22	Palanjoghalli	28	22		50	Katibasti-10 Janubasti-8 Virechana-6 Nasya-8 SA+PPs-5 Sadho vamaana-1 Basti-1
25	31/07/22	Bashettihalli	25	29	5	59	Yoga basti-5 Greeva basti -5 Janubasti-5 Virechana-3 Nasya-2 Vamana-5 Jaloukavcharana-5
26	1/08/22	Doddaballapur (Kasbag)	30	28	2	60	Katibasti-8 Janubasti-6 Virechana-3 Nasya-4 SA+PPs-6 Sadho vamaana-2 Basti-2 Jaloukavcharana-5 Yoga basti-3 Greeva basti -2
27	03/08/22	Hosahalli	30	20	5	55	Katibasti-8 Janubasti-5 Virechana-8 Nasya-2 SA+PPs-5 Sadho vamaana-1 Basti-2 Jaloukavcharana-2 Yoga basti-2 Greeva basti -5
28	04/08/22	Aralumallige	20	25	6	51	Yoga basti-5 Greeva basti -5 Katibasti-12 Janubasti-5



							Virechana-1
29	06/08/22	Melekote	35	25		60	Katibasti-6 Janubasti-9 Virechana-8 Nasya-6 SA+PPs-15 Sadho vamana-5 Basti-4 Jaloukavcharana-5
30	08/08/22	Doddaballapur (Isalmpura)	33	27		60	Katibasti-15 Janubasti-12 Virechana-5 Nasya-2 SA+PPs-5 Sadho vamana-1 Basti-1 Jaloukavcharana-1 Yoga basti-2 Greeva basti -2
31	14/08/22	Doddaballapur (Samudaya bhavana)	25	31	3	59	Katibasti-8 Janubasti-5 Virechana-3 Nasya-5 Akshitravana-2 Seka-8 Greeva basti-9
32	12/10/22	D PALYA	60	29		89	Katibasti-15 Janubasti-10 Virechana-5 Nasya-8 SA+PPs-12 Sadho vamana-1 Basti-2 Jaloukavcharana-2 Yoga basti-1 Greeva basti -1
33	15/10/22	Tubgere	35	28		63	Katibasti-8 Janubasti-5 Virechana-8 Nasya-2 SA+PPs-5 Sadho vamana-1 Akshitarvana-8
34	18/10/22	SS Ghati	35	20	7	62	Katibasti-10 Janubasti-5 Virechana-5 Nasya-2 SA+PPs-5 Sadho vamana-1 Basti-1 Jaloukavcharana-1 Yoga basti-5 Greeva basti -5



35	21/10/22	Hegedehalli	28	30	6	64	Katibasti-8 Janubasti-5 Virechana-8 Nasya-2 SA+PPs-5 Sadho vamana-1 Basti-2 Jaloukavcharana-2 Yoga basti-2 Greeva basti -5
36	28/10/22	D Cross	32	26		58	Katibasti-8 Janubasti-5 Virechana-8 Nasya-2 SA+PPs-5 Sadho vamana-1 Akshitarpana-8
37	28/11/2022	Maruthinagar	34	24		58	Janubasti-5 Virechana-8 Nasya-2 SA+PPs-5 Sadho vamana-1 Basti-2 Jaloukavcharana-2
38	14/12/2022	Islampura	26	22		48	Janubasti-5 Virechana-8 Nasya-2 SA+PPs-5 Sadho vamana-1